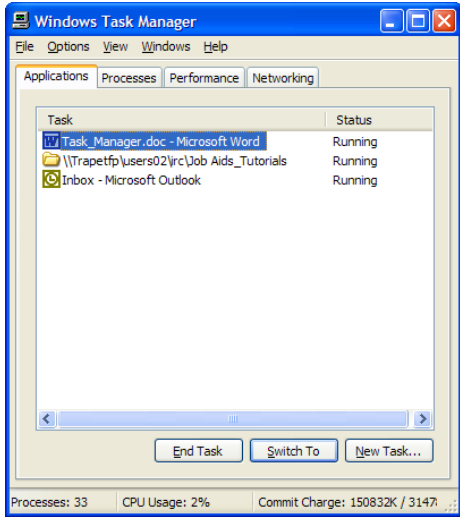## Using Task Manager To End Frozen (Locked) Programs

Introduction   The Windows XP task manager can be used to quit an application that has stopped working (responding), without rebooting or logging off. Follow these steps to use Task Manager to quit a program.

Step	Action
1.	Press **CTRL + ALT + DELETE**.
2.	Click the **Task Manager** button. The Task Manager will open.
3.	Click the **Applications** tab. A list of currently running applications will be displayed with the status.
4.	Click on the application that is "**Not Responding**" to highlight it.
5.	In the window that appears, click **End Task**. Wait a few moments. **Note:** You may need to drag the Task Manager window up into the middle of the screen to see the whole window and end task button. After a few seconds the program will quit.
6.	Close Task Manager and continue working.

If an application continues to lock up, contact your system administrator.